

APPLICATION OF HEALTH PROTOCOL IN PANDEMIC AGE IN 8 YEARS OLD CHILDREN IN RT 55 RW 11 DUSUN BAYATREJO, WRINGINPITU VILLAGE, TEGAL DLIMO DISTRICT

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Abstrak

This study aims to provide an understanding and to provide an explanation regarding the importance of implementing health protocols for children aged 8 years in the RT 55 RW 11 hamlet Bayatrejo, Wringinpitu Village, Tegaldlmo District. Health protocols are very important. The importance of providing education and application of health protocols to increase understanding for children so as to reduce the level of spread of COVID-19. Public awareness in complying with health protocols also affects the current conditions. The lack of public awareness has resulted in more and more people being affected by COVID-19, day by day the number of cases of COVID-19 is increasing, especially children who are vulnerable to the virus and do not understand the importance of health protocols. The type and approach in this study is a qualitative descriptive analysis method, which is to analyze, describe, and summarize in various conditions, situations from various data collected in the form of interviews or observations about the problems studied that occur in the field. So that it can produce data that is appropriate and in accordance with the objectives of this study. In this study, the researchers determined the number of subjects to be studied, namely the total number of children aged 8 years there were 10 children, then the researchers determined the subjects to be 2 children and 1 mother from one of the children. The participants of this study were 2 children aged 8 years and 1 mother of one of these children. The results of this study indicate that the children have implemented health protocols in their daily activities well, with self-awareness and role modeling from parents who have been given as well as social attributions to themselves. Children in the RT/RW 55/11 hamlet Bayatrejo, Wringinpitu Village, Tegaldlmo District have complied with health protocols, so that children can understand the importance of health protocols in order to break the chain of spread of covid-19, which until now there are still many victims affected by the COVID-19 virus. 19 of these. And parents are very influential in setting an example for their children, so they can provide a behavioral stimulus for children to implement health protocols properly.

Keywords: *Health Protocol; Washing hands; Wear a Mask; Keep the Distance*

INTRODUCTION

As the next generation of the nation who deserves attention and every child has the right to achieve optimal cognitive, social and emotional behavior development, children with good quality

are needed in order to achieve a good nation's future (Meiuta, 2019, P.5). During the current pandemic, children are doing school activities from home, in order to reduce the spread of covid-19, but many children have difficulty learning from home using online learning, because children are still actively playing because children are getting bored when studying at home.

Children develop physically from various aspects, namely both gross and fine motor skills, cognitive aspects, social and emotional aspects (Burhaein, 2017, P.51). Early childhood development has a high sense of enthusiasm for learning, high curiosity increases, because early age is a golden age for child development, the formation period of child development must be optimal. Developmental tasks from infancy to early childhood begin to learn to eat solid food, learn to walk, learn to talk, begin to learn to control body waste disposal, learn physical differences in body conditions and procedures, prepare to begin recognizing letters and numbers, learn to distinguish correctly and wrong, and begin to introduce children's emotional development (Miftahul, 2015, p. 90).

Development is a process that never stops, meaning that humans will continue to develop, influenced by past experiences or in learning (Jannah, 2015, p. 88). Development is very necessary for humans to survive in the world, in order to add

insight into the mindset of everyday life. Each individual will experience developmental phases in his life, namely: infants, childhood, children, adolescents, adults, and old age (Khaulani et al, 2020, P.52). From this explanation it can be concluded that each individual has stages of development that are owned by each individual with certain characteristics or patterns of behavior.

There are 9 developmental tasks in childhood, namely: a.) Learning the physical skills needed when playing, b.) As a growing social being, fostering a healthy attitude towards oneself, c.) Learning to play with peers, d.) Starting to grow the social roles of men or women, e.) Advancing basic skills for reciting the letters of the alphabet, writing, and counting, f.) Growing the real meaning of life in daily life, g.) Developing inner, moral and values values, h.) Cultivating good attitudes in social groups and institutions, i.) Achieving personal freedom (Izzaty 2009, p:39). Cognitive development can be interpreted as an aspect that focuses on thinking skills, learning, problem solving, rational, and considering the influence of student success in school (Yadika et al, 2019, P.27). The importance of providing understanding to children aged 8 years.

Understanding is the level of ability that expects students to be able to understand the meaning or concepts, situations and facts they know (Nurdyansyah et al, 2018, P.8). Every child has a different level of understanding to understand a certain concept or meaning. The current condition is not like before the covid 19 pandemic, including for children, everything is very limited according to the covid 19 prevention health protocol (Deby et al, 2020, Pg.11). Especially children who don't even understand and understand the dangers of covid-19 and even parents also do not know the negative impact on their children when ignoring the risks from covid-19. Due to the lack of information about health protocols, the public, especially children, consider this a normal thing.

Many ignore health protocols, still don't wear masks when doing activities outside the home, there is still a lack of awareness of the importance of health protocols, especially for children. Children are a vulnerable age for exposure to the COVID-19 virus (Ningrum, 2020, Pg. 9). This is because children are still very active in outdoor activities such as gathering while playing with their friends and often ignore health protocols. In this era of the covid-19 pandemic, everyone is required to wear a mask every time they go out of the house (Sahputri & Sofia, 2020, p.55).

The role of parents is also very necessary in the current pandemic situation, because during activities at home parents also have to monitor activities inside and outside the home. Reported in the *kompas.com* article, many parents are negligent in monitoring their children, such as when they leave the house. They are not accustomed to wearing masks, after playing they are not accustomed to washing their hands, then these children will increasingly ignore the health protocols that have been set by the government. The need to provide education, information to these children about health protocols. So as not to increase the rate of spread of this covid-19. Researchers will provide

education or information about health protocols using image media, so that children can easily understand what has been conveyed and can be applied in daily activities.

The importance of providing socialization related to the importance of health protocols for children. Lack of understanding of health protocols that still cannot be applied in daily activities. This research is also a place to provide education in the form of counseling children about the dangers of Covid-19 transmission and children's compliance to comply with health protocols by using masks as an effort to prevent the spread of COVID-19.

If it is necessary to leave the house, make sure to comply with health protocols for safety and health (Meihartati et al, 2020, p. 53). Etiquette out of the house during the covid-19 pandemic: wear a jacket or long sleeved shirt, no need to use accessories (bracelets, rings, earrings), wear a mask, use it before leaving the house. Try not to use public transportation, use a tissue on your finger to touch any surface. Squeeze the handkerchief and throw it in the trash, if you cough or sneeze, do proper etiquette by covering your mouth with your elbow. Try to interact using non-cash, wash your hands after touching any object or surface, don't touch your face until your hands are completely clean, keep a distance of at least 1 meter from other people.

Some examples of health protocols that really need to be implemented by the community, especially to children during the covid-19 pandemic: First, namely using masks, masks are face shields to prevent the spread of this covid-19 virus, by using masks when doing activities outside the home or other activities that much is done outside or to meet with a large crowd of people, it is very important to use a mask to prevent the spread of COVID-19. Secondly, washing hands, washing hands is also very necessary during this pandemic, washing hands when finished with activities outside the home or after handling objects that are around, because many viruses also stick to places that we often hold. Washing hands properly for 20 seconds using liquid soap is one effective way to reduce the spread of COVID-19. Third, using a hand sanitizer, using a hand sanitizer is also an effective way besides washing your hands with liquid soap, because the hand sanitizer contains alcohol which can kill dirt or viruses that stick to your hands. Then the process of spreading and infection of the virus in children can be minimized.

Fourth, social distancing, social distancing that is currently being carried out by the community during this pandemic, by carrying out activities at home such as studying from home, working from home are all done from home in order to minimize the spread of COVID-19, which is increasingly spreading. Finally, covering your mouth when coughing and sneezing, covering your mouth when coughing and sneezing is very necessary, because many people don't pay attention to this, even though many viruses are transmitted when coughing and sneezing which later the virus will spread through the air.

Health protocols are very much needed to break the chain of the spread of COVID-19 (Anggreni & Safitri, 2020, p.139). Clean hands regularly by washing hands with soap and running water for 40-60 seconds, avoiding touching eyes, nose and mouth with unclean hands, using protective equipment such as masks that cover the nose and mouth. When interacting with many people.

Based on the description of the background above, the research title "Application of Health Protocols During a Pandemic in 8 Years Old Children in RT 55 RW 11 Hamlet Bayatrejo, Wringinpitu Village, Tegaldlimo District" is important to do because, currently there are still many people, especially children who are still negligent in paying attention to health protocols. So it is necessary to implement and educate to increase children's understanding of the importance of paying attention to health protocols in activities outside or inside the house. Based on the above background, researchers will provide education or understanding to children about the importance of health protocols during the current pandemic

UNDERSTANDING

Basically, everyone's level of understanding is different. Understanding is defined as the desired level of ability for students to be able to understand the meaning or concepts, circumstances and facts that they know (Nurdyansyah, 2018, p. 205). Understanding provides a phase of learning activities, such as the presentation by Hudoyo, 1988, P.24, in this phase participants

for the first time students receive a stimulus, this stimulus is included in a learning event and the stimulus information is stored in the memory (Susanto, 2011, p. 90). Reported in the article fatkhan.web.id 2020, Sudjana (2016, P.24) states that there are three categories of understanding, namely:

- a. The lowest level is understanding the meaning of the true meaning.
- b. The second level is interpretive understanding, that is, uniting the previous part with the next known, or connecting some graphic parts with events, distinguishing the main from the non-essential.
- c. The third or highest level is extrapolated understanding. With extrapolation, it is hoped that someone will be able to see behind what is written, be able to make predictions about the consequences that are written or expand perceptions in terms of time, dimensions, cases, or problems.

There are several factors that influence students' understanding of learning (Simus, 2016, P.14), including:

- a. factors
The socio-cultural environment is the environment around students that includes social interaction.
- b. Instrumental Factors
Includes curriculum, programs, facilities and

Health protocol facilities during a pandemic

The application of health protocols to break the chain of spread of COVID-19, especially to children who require good understanding and knowledge, therefore this study is to provide an understanding of health protocols during this pandemic. The health protocol for dealing with COVID-19 consists of a detection phase and a response phase (Suni, 2020 in Mardhia et al, 2020, P.81). According to the ministry of health, the following are health protocols that must be followed when outside the home:

- a) Always wear a mask

When outside the house, always use a medical mask or non-medical cloth mask. But make sure its use follows health standards, therefore it applies to children. The use of masks when outside the home is an obligation amid the current COVID-19 pandemic. Even if you're not in a closed place full of people, try not to take your mask off, because we don't know the people we pass by carry the covid-19 virus.

- b) Do not touch objects in public places.

Because the place you are visiting is quiet, it is better not to touch objects in public places because it is feared that these objects have been exposed to the virus. If you touch a contaminated object, then touch the face area without washing your hands, you will be susceptible to causing a greater risk of contracting COVID-19.

- c) Always keep your distance

Always keep your distance or physical distancing as far as 1-2 meters from other people. This aims to prevent us from being exposed to COVID-19 when other people sneeze, cough, or spit near us.

- d) Maintain good personal and family hygiene Bring a hand sanitizer with a minimum content of 70% alcohol wherever you go. If necessary, give each family member one hand sanitizer to

carry around with them. This is especially useful for cleaning hands when soap and water are not available.

CHILD DEVELOPMENT ASSIGNMENTS

8 Year Old Child Development Tasks

Early childhood is children aged 0-72 months, at that age children experience very rapid development and growth (Setyaningrum et al., 2014, P.72). The growth and development of early childhood needs to be directed at a balanced physical, cognitive, socio-emotional, language, and creativity as the foundation for the formation of a complete personality (Priyanto, 2014, p.44). Early childhood is a very golden age has the potential to train and develop the various multi-intelligence potentials of children (Nurlaili, 2018, P.231).

Children's social development is strongly influenced by the process of parental treatment or guidance for children in introducing various aspects of social life or norms in society (Nurmitasari, 2015, p. 105). In this statement it can be concluded that the development of children also affects the family environment, so that the role of parents is very important for the development of children.

According to Hapsari (2020, Pg.1) there are four aspects of the development of children aged 8 years. The following are various aspects of the development of children aged 8 years, namely:

a) Physical development of children aged 8 years

At the age of 8 years, the child's height increased by 5-7 centimeters (cm). In addition, children also experience weight gain of up to 1-3 kilograms (kg). Physical development experienced by children at the age of 8 years is that children begin to be able to bathe and dress themselves without parental assistance, milk teeth begin to fall out and permanent teeth grow at this age, more specific physical abilities appear, such as jumping, running, chasing, and many more. . Able to control muscle strength, children's fine motor skills have developed much better, starting to be able to write following lines and can cut various unusual shapes. At the age of 8 years, children also begin to realize whether he likes to do physical activity or prefers to avoid physical activity that is too tiring.

b) Cognitive Development of 8-Year-Old Children Cognitive

ability is closely related to the knowledge possessed and the ability to think logically. Generally, at the age of 8, children will experience various cognitive developments, namely starting to understand money conceptually and when seeing the amount of money directly, can understand the concept of time, be able to count for example only counting even numbers or only counting odd numbers and so on. Children have started to be able to do simple additions or subtractions. distinguishes left and right well, has its own perspective on something whether it is good, bad, right, or wrong. Then the child's ability to solve problems increases, the child's memory of various things increases both in the short and long term, the child's ability to concentrate increases, understands and respects other people's thinking patterns and opinions, and is able to make plans and actually carry out plans. which he made.

c) Psychological (social and emotional) development of 8-year-old children

Psychological development of 8-year-olds usually goes hand in hand with physical development. Generally, children aged 8 years will experience emotional and social development in the form of first feeling self-acceptance by peers to be very important, secondly learning to adapt and working together and it is easier to share with friends, thirdly starting to feel relaxed when having to play with friends. the opposite sex, the four boys tend to like to play in teams and compete in games, the fifth try different things and find out what is wrong and right, the sixth like to be alone and prefer to be more private, the seventh often wants to be given affection through touch by the parents immediately when you feel stressed but at other times you don't like to be touched, the eighth is starting to be able to hold yourself even though you are feeling frustrated or disappointed over a condition, the ninth is learning to understand other people's feelings and being able to

empathize, the tenth is starting to do good things to people others, for example providing support, doing good, and being more h share a lot, and the last one feels that a rule must be followed exactly so that when others don't do it, the child may rebuke that person.

d) Language Development of 8-Year-Old Children

Even though they are classified as school age, 8-year-old children are still experiencing development in their speaking abilities and in language. Some of the developments that should be achieved by children aged 8 years include the following: firstly they can spell well again, secondly they can follow more commands than when they were 7 years old, thirdly, children's reading abilities are increasing so that now children read to find out what they are reading. Fourth, they began to learn that there are certain words that have more than one meaning, the fifth child's speaking ability is increasing with correct grammar and is still learning to write well according to grammar, and finally the child's vocabulary is getting more and more even the child may have new vocabulary up to 20,000 words in a year.

Aggressive Level of 8 Years Old

Aggressiveness is a serious behavior that should not and has serious consequences for both students and other people in their environment (Arriani, 2014, p. 271). There are several factors that cause the emergence of aggressive behavior, the first is a biological factor where the biological conditions determine the style of behavior or temperament. Malnutrition, to brain injury affect the emergence of emotional or behavioral disorders. The two family factors are parenting patterns that often threaten children if children dare to do things that are deviant, this permissive attitude makes children's aggressive behavior a harsh and demanding attitude. The three school factors are where some children have aggressive emotions or behavior before the child enters school, while some children have aggressive behavior that appears after the child starts school. Then the last is cultural factors where negative culture affects children's behavior through violent shows shown on television and Yeza Piti's films (2018, pp. 3-4) in the journal Falah et al (2020, p. 5).

8 Year Old Parenting

Parenting is a parenting pattern that applies in the family, the interaction between parents and children during parenting activities, Parenting activities are carried out by educating, guiding, providing protection, and supervising children (Pramawaty & Hartati, 2012, p. 88). There are three types of parenting, namely as follows:

a) Authoritarian Parenting Authoritarian

parenting is a restrictive and punitive style that requires children to follow their parents' orders and respect their work and efforts (Santrock 2007, hlm:167 in Lestiawati 2013, pp:115). This authoritarian parenting can lead to a loss of freedom in children, lack of initiative and activity so that children are not confident in their abilities.

b) Democratic Parenting

Pattern Democratic parenting is parenting that prioritizes the interests of children, but does not hesitate to control them. So that it can instill discipline in children and respect freedom that is not absolute, with attentive guidance between children and parents. This parenting pattern can grow a sense of responsibility in children and children are able to act in accordance with existing norms.

c) Permissive Parenting Permissive

parenting is a pattern that frees children to do what they want to do without questioning. This parenting pattern does not use strict rules, even less guidance is given so that there is no control or control and demands on children. Freedom is given full and children are allowed to make decisions for themselves.

RESEARCH THEORY

Public Awareness

Public awareness is a process in which a person is aware of everything in his environment through all the five senses he has which are able to provide views in the form of the ability to distinguish, classify and focus on things (Siregar, 2016, Pg.8). Public awareness is an attitude or human behavior that forms an interaction in the environment that is followed and related by a sense of shared identity. Public awareness is a state where people know, understand and implement.

The community plays an important role in breaking the chain of transmission of Covid-19. Awareness continues to be built so that we can remind each other to be disciplined in implementing health protocols such as wearing masks, keeping a distance, and always washing hands properly (Puspitaningsih & Rachmah, 2020, p.13). Public awareness of the implementation of health protocols is still low and many are even indifferent if it is recommended to use masks (Yaqutunnafis, 2020, P.9).

Role Model / Modeling from Parents

The word role model comes from English which consists of the words "role" and "model", "role" means "role" and "model" which means in Indonesian it is still "model". So when put together the word role model means someone who is used as a standard or ideal figure by a group because of his role (Huda & Afrina, 2020, P. 5). However, in this case the role model in question is the role of parents as models or examples of children's behavior. Parents are a component of the family consisting of father and mother and are the result of a legal marriage bond that can form a family (Martsiswati & Suryono, 2014, p. 17). Parents are examples or models for children, parents are the first and foremost model for children, both positive and negative and are patterns for way of life (Risthantri & Sudrajat, 2015, p.21).

Social Attribution

Social attribution is the process we do to find the causes of other people's behavior so as to gain knowledge about the stable characteristics of that person Baron & Byrne (1997) in Rahman (2014, p.102). This attribution process is very useful in helping our understanding of the causes of behavior and is an important mediator in our reactions to social world (Samsuar, 2019). There are at least two situations that often invite social attributions by Taylor, Peplau, and Sear (1997) in Rahman (2014, p.106), namely:

1. Unexpected or unusual situations. Something that happens according to expectations, usually does not invite social attribution, while an unexpected situation will tempt us to find out the causes of the situation.
2. Negative, painful, and unpleasant situations.

RESEARCH METHOD

The method used in this research is descriptive analysis method. Descriptive analysis method is an analytical method that can provide a clear description or description of a situation or phenomenon (Slat, 2013, P.115). Qualitative descriptive analysis method is to analyze, describe, and summarize in various conditions, situations from various data collected in the form of interviews or observations about the problems studied that occur in the field. So that it can produce data that is appropriate and in accordance with the objectives of this study.

This study uses a descriptive qualitative approach. Research is defined as a process of data collection and analysis carried out systematically and logically to achieve certain goals. Qualitative research is a question strategy that emphasizes the search for meaning, understanding, concepts, characteristics, symptoms, symbols and descriptions of a phenomenon, focused and multi-method, natural and holistic, prioritizing quality, using several ways, and presented in a narrative (Sidiq et al. 2019, Pg.4). Qualitative research is a research aimed at describing and analyzing phenomena, events, social activities, attitudes, beliefs, perceptions, thoughts of people individually and in groups

(Bachri, 2010, P.50).

The use of this descriptive analysis method is in accordance with this research. because it will answer the formulation of the problem in this study. so that they get a comprehensive picture of the application of health protocols during a pandemic for children aged 8 years by interviewing and digging up information according to what is in the field.

RESULTS AND DISCUSSION

Data Analysis

of Children's Understanding in RT 55 RW 11 Hamlet Bayatrejo, Wringinpit Village Regarding the Importance of Implementing Health Protocols During a Pandemic. In this study, the analysis of the data obtained on the first and second subjects, namely the level of understanding of the children already understands related to health protocols during the current pandemic. as stated by the first and second subjects during the interview as follows:

"wear a mask and wash your hands, wear a mask and wash your hands at school" (Interview subject 1. 23 June 2021).

"Wear masks, keep your distance and use hand sanitizer. wear a mask when you leave the house, wear a mask at school and wash your hands" (Interview subject 2. 23 June 2021).

Basically, everyone's level of understanding is different. Understanding is the level of ability that expects students to be able to understand the meaning or concepts, situations and facts they know (Nurdyansyah, 2018, P. 205). So that awareness is needed in children to carry out health protocols in their daily activities. There are two kinds of consciousness. First, passive awareness is a condition in which an individual accepts all stimuli given at that time, both internal and external stimuli. Second, active awareness is a condition in which a person focuses on the initiative to seek and be able to complete the given stimuli (Sakinah et al., 2014, p.19).

Awareness is a state of knowing (Subarkah & Dewi, 2017, Hlm: 4), while society is an interdependent group or community or individuals who depend on one another (Akhmaddhian & Fathanudien, 2015, P. 31). Public awareness is a process in which a person is aware of everything in his environment through all the five senses he has which are able to provide views in the form of the ability to distinguish, classify and focus things (Siregar, 2016, P.8). Public awareness is an attitude or human behavior that forms an interaction in the environment that is followed and related by a sense of shared identity. Public awareness is a state where people know, understand and implement.

The community plays an important role in breaking the chain of transmission of Covid-19. Awareness continues to be built so that we can remind each other to be disciplined in implementing health protocols such as wearing masks, keeping a distance, and always washing hands properly (Puspitaningsih & Rachmah, 2020, p.13). Public awareness of the implementation of health protocols is still low and many are even indifferent if it is recommended to use masks (Yaqutunnafis, 2020, P.9).

In analyzing this data, children have also used social attribution theory, in which children understand and find out the causes of the application of health protocols and then practice them in their daily activities. Social attribution is the process that we do to find the causes of other people's behavior so as to gain knowledge about the stable characteristics of that person Baron & Byrne (1997) in Rahman (2014, p.102). This attribution process is very useful for helping our understanding of the causes of behavior and is an important mediator for our reactions to the social world (Samsuar, 2019). It is very important to provide understanding and education related to health protocols, especially to children who still lack information, so that new habits are formed in maintaining hand hygiene, wearing masks, maintaining distance, so that even without being ordered the children have carried out health protocols independently without being asked. , as well as instilling awareness in children that it is important to protect themselves from the dangers of the spread of COVID-19.

Implementation of Health Protocols in Children in RT 55 RW 11 Hamlet Bayatrejo, Wringinpitu Village During a Pandemic

In this study the subject knew little about health protocols, such as during the interview the subject said that: 'Health protocol is wearing a mask and washing hands' (Interview subject 1, 23 June 2021) "wear a mask when going out of the house, and at school washing hands before entering class" (Interview subject 2, 23 June 2021)

In the subject's statement above that he has begun to understand health protocols, and is slowly being able to apply it in daily activities. Health experts and the government have tried to encourage the public to strictly adhere to the 5M health protocol, namely by using masks, maintaining distance, washing hands, avoiding crowds and limiting mobility (Aswani et al, 2021, p.2). So it is very important to implement health protocols during the current pandemic. The health protocol aims to ensure that the public, especially children, can carry out activities safely, without endangering the health and safety of themselves and others (Sari, 2021, p. 87). Prevention of Covid-19 transmission was previously carried out by implementing large-scale limits that aim to break the chain of spread or transmission as a form of implementation by working from home and studying from home to avoid crowds (Harahap et al, 2020, Pg.45). Therefore, the government also issued a health protocol policy that must be adhered to to prevent a wider spread.

Based on the researcher's observations that in the application of health protocols to children in the RT 55 RW 11 Hamlet Bayatrejo, Wringinpitu Village, parents also act as Role Models or Modeling from parents to comply with health protocols, children also follow the example of their mother who every activity outside Always wear a mask and wash your hands at home (noviandari, 2020). So that children can imitate and apply health protocols in their daily activities without being asked by their parents and slowly become a habit in implementing health protocols by using masks, washing hands and keeping a distance. As said by the third subject, namely as follows:

"Alhamdulillah, it has started to be practiced at home, because yesterday there were also neighbors who were positive so they helped a little and the children were afraid and started implementing health protocols".

(Interview subject 3, 26 June 2021) "I have implemented a health protocol so that my children can follow the health protocol, even if I only wear a mask, washing hands is part of the health protocol, so that my children can apply it without me having to ask and accustomed to wearing masks and washing hands"

(Interview subject 3. 26 June 2021).

Role model means someone who is used as a standard or ideal figure by a group because of his role (Huda & Afrina, 2020, p. 5). However, in this case the role model in question is the role of parents as models or examples of children's behavior. Parents are a component of the family consisting of father and mother and are the result of a legal marriage bond that can form a family (Martsiswati & Suryono, 2014, p. 17). Parents are examples or models for children, parents are the first and foremost model for children, both positive and negative and are patterns for children's way of life (Risthantri & Sudrajat, 2015, p.21).

Parents as the first personal form in a child's life, parents' personalities, attitudes and their way of life are indirect elements of education which will automatically enter into the personality of a growing child, Zakiyah Darajat, 1996, P.4 (in Sihabudin, 2015 , p.57). Parents are the first environment that plays a major role in building children's social competence (Anggraeni et al, 2020, P.110). Therefore, the role of parents is very important in encouraging the growth and development of children. Good parents must have the right parenting behavior. Parenting is an interaction carried out between parents and children which includes the fulfillment of physical needs and psychological needs Faisal (2016, P. 9) in Aslan (2019, P. 25). Parenting is a way for parents to treat, educate, guide, and discipline, as well as protect children in reaching maturity until the effort to establish norms expected by society in general is achieved Casmini, 2007, P.47 (in Gustian, 2018, Pg. .63). Parenting patterns are patterns of behavior applied to children that are relatively consistent from

time to time. Suarsini, 2013 (in Adawiah, 2017, Pg.22).

Discussion of Research Results

Understanding is the ability of students to understand a concept, formula, or facts and then interpret and restate it in their own words Kosasih, 2014, P.22 (in Adhi et al., 2018, P.48). Basically, everyone's level of understanding is different

. Understanding is the level of ability that expects students to be able to understand the meaning or concepts, situations and facts they know (Nurdyansyah, 2018, P. 205).

Based on the findings after education and providing understanding regarding the importance of health protocols, children aged 8 years in the RT/RW 55/11 environment have implemented health protocols well. Prior to this research, the children of RT/RW 55/11, Bayatrejo Hamlet, Wringinpitu Village, Tegaldlimo District had not implemented health protocols in their daily activities, the reason was because lack of knowledge and related information about the importance of implementing health protocols. So that after being given an understanding and education the children already understand the health protocol. As if you have started to understand when you leave the house you must wear a mask, wash your hands before and after leaving the house, keep your distance and wear hand sanitizer. Children also understand that the Covid-19 virus is dangerous if you don't adhere to health protocols properly.

Application of Health Protocols for children in RT/RW 55/11 Dusun Bayatrejo, Wringinpitu Village, Tegaldlimo District. Application of health protocols to break the chain of spread of COVID-19, especially in children. According to the health ministry, the following are health protocols that must be followed when outside the home: Always wear a mask, don't touch objects in public places, always keep your distance, keep yourself and family members clean.

Awareness in implementing health protocols is based on researchers' observations that with full awareness the children in the RT/RW 55/11 hamlet Bayatrejo, Wringinpitu Village, Tegaldlimo District have implemented health protocols in their activities outside the home and inside the house. So that with the current condition, which is increasingly high in the spread of covid 19, the children apply health protocols properly. With the case of neighbors in the neighborhood who already have Covid-19, it helps a little to raise awareness in implementing health protocols, so the children also feel afraid when they don't wear masks, wash their hands knowing that COVID-19 exists, so that by sense of awareness of the children began to apply the health protocol by itself.

Awareness is a state of knowing (Subarkah & Dewi, 2017, P. 4), while society is an interdependent group or community or individuals who depend on one another (Akhmaddhian & Fathanudien, 2015, P. 31). Public awareness is a process in which a person is aware of everything in his environment through all the five senses he has which are able to provide views in the form of the ability to distinguish, classify and focus things (Siregar, 2016, P.8).

Role model / Modeling from parents the word role model means someone who is used as a standard or ideal figure by a group because of his role (Huda & Afrina, 2020, p.5). However, in this case the role model in question is the role of parents as models or examples of children's behavior. Parents are a component of the family consisting of father and mother and are the result of a legal marriage bond that can form a family (Martsiswati & Suryono, 2014, p. 17). Parents are examples or models for children, parents are the first and foremost model for children, both positive and negative and are patterns for children's way of life (Risthantri & Sudrajat, 2015, p.21).

Research Findings

Based on the findings obtained in the field, namely that a mother in subject 3 is a model for her children, subject 3 has also understood and implemented health protocols well, subject 3 is an example of her children, subject 3 is when she leaves the house and while playing. Neighbors also always wear masks and wash their hands after meeting their neighbors, during congregational prayers at the mosque they also always wear masks. And the 3rd subject really maintains the cleanliness of themselves and their children, especially their neighbors who have been exposed to Covid-19, so that the health protocols are getting stricter. Children in the neighborhood of RT/RW

55/11 Dusun Bayatrejo, Wringinpitu Village, Tegaldlimo District finally followed the example of parents who wear masks every day when they leave the house and wash their hands, so that children can easily absorb behaviors that are seen and exemplified in their daily activities. day by parents.

This role model is very influential in instilling new habits in children in implementing health protocols. Even without being asked, the children have implemented health protocols in their activities and slowly it will become a new habit in maintaining health. Parents as an example of their children in behavior so that parents should be more aware of the current conditions. By exemplifying the habits of complying with health protocols by implementing them in daily activities. So that children get the stimulus to do what their parents have shown.

The role of parents is also very necessary for the implementation of this health protocol, which helps children a little in new habits in daily activities. Then the researchers also made direct observations of children in implementing health protocols in the right way and independently.

Based on the researcher's observations that the children in the RT/RW 55/11 hamlet Bayatrejo, Wringinpitu Village, Tegaldlimo District have complied with the health protocol, so that children can understand the importance of health protocols in order to break the chain of the spread of COVID-19, which until now there are still many victims. affected by the Covid-19 virus. And parents are very influential in setting an example for their children, so they can provide a behavioral stimulus for children to implement health protocols properly.

CONCLUSION

Based on the results of the research and discussion that has been carried out, it can be concluded that children aged 8 years in the RT 55 RW 11 hamlet Bayatrejo, Wringinpitu Village, Tegaldlimo District, already understand the health protocol and have been implemented properly, with self-awareness in complying with health protocol. Role models/modeling from parents are also very influential in the application and understanding of children, thereby stimulating the child's brain in complying with health protocols. Even without being asked, the child will do it by himself.

Based on the data obtained in the field, namely that after education and providing understanding regarding the importance of health protocols, 8 years old children in RT/RW 55/11 have implemented health protocols properly. And also influenced and supported by the existence of role models from parents and the surrounding community, so that children easily absorb the behavior that is seen and exemplified every day in daily activities.

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